

## RESOURCES

Aimee Beaulieu Transition House  
250-354-4357

West Kootenay Crisis Line 1-888-353-2273

Child Helpline 250-310-1234

Family Justice Services 250-354-6433

Mental Health & Substance Use 250-505-7248

Nelson Community Services  
250-352-3504

Crime Victim Assistance Program  
1-866-660-3888

RCMP (non-emergency) 250-352-2156

Nelson Police (non-emergency)  
250-354-3919

RCMP Victim Services 250-354-5196

Nelson Police Victim Services 250-505-5657

Victim Link 1-800-563-0808

Women's Centre (250) 352-9916

Ministry for Children and Family  
Development (250) 354-6480

Legal Services Society 1-866-577-2525

Domestic Violence B.C.  
[www.domesticviolencebc.ca](http://www.domesticviolencebc.ca)

Family Law in BC  
[www.familylaw.lss.bc.ca](http://www.familylaw.lss.bc.ca)

Ending Violence Association of B.C.  
[www.endingviolence.org](http://www.endingviolence.org)

The Advocacy Centre  
[www.advocacy.org](http://www.advocacy.org)

## SERVICES

If you or someone close to you has been the victim of violence in a relationship, sexual assault, criminal harassment or child abuse (both physical and sexual, including historical), please contact us for support.

<b>Appointment Date &amp; Time:</b> _____
<b>Notes:</b> _____ _____ _____ _____ _____ _____

We provide confidential support, information, referrals, legal system support, for people of any age or gender.

Nelson Area Community Based Victim Services and The Advocacy Centre are funded and supported by:



# Community-Based Victim Services

Offering practical and emotional support to victims of relationship, family and sexual violence



The Advocacy Centre

521 Vernon St. Nelson, BC

Monday – Thursday

9:00 am – 4:00 pm

(250) 352-5777 or (778) 463-5275

[cbvs@nelsoncares.ca](mailto:cbvs@nelsoncares.ca)

## WHAT WE DO

- ❖ We provide a confidential, non-judgmental, supportive environment. We believe you.
- ❖ We will support you whether you choose to report to police or not.
- ❖ We can accompany you to crime related appointments such as; at court or with the police.
- ❖ We provide information on the status of the criminal proceedings.
- ❖ We assist with completing forms related to the crime, such as; Crime Victim Assistance Program applications and Victim Impact Statements
- ❖ We give you information and education about abuse, violence and power-based crimes.
- ❖ We support you based on what **you** want to do. We will provide options that are available to you in your situation and support you to make your own choices.

## SAFETY PLANNING

### **Create an emergency escape plan:**

- ❖ Create a “go-bag” with important items. If you leave for safety, take your children with you. Rehearse the steps you will take if you must leave quickly.

### **If living with your partner:**

- ❖ Plan your emergency exits and know them well.
- ❖ Teach your children how to contact police and fire department.

### **If you are not living with your partner:**

- ❖ Change the locks on doors/windows.
- ❖ Teach your children to tell you if someone is at the door and not to answer it.
- ❖ Ensure that schools and police have a copy of any no contact orders.
- ❖ Consider moving your furniture around as an intruder may bump into things, alerting you to their presence.

### **In the neighbourhood:**

- ❖ Tell your neighbours to call the police if they hear fighting/ screaming in your home.
- ❖ Change your routine. Use different grocery stores/banks/etc. Shop at different hours.

### **Take care of your emotional safety; attend counselling, take time for yourself, or keep a personal journal.**

Adapted from Fact Sheet entitled “Safety Planning for Women” from endingviolence.org

## VICTIMS’ RIGHTS

- ❖ To be treated with courtesy, respect, and without discrimination by all justice personnel.
- ❖ To receive financial assistance and benefits if you are a victim of crime.
- ❖ To receive information on the justice system and the rights of victims.
- ❖ To receive, on request, certain case-specific information regarding police investigation, prosecution, sentencing and release of the offender.
- ❖ To be given a reasonable opportunity to provide victim impact information for presentation to the court before sentencing of the offender.
- ❖ To receive independent legal representation if an application has been made for disclosure of their personal records. (Provided free of charge when victims cannot afford it)